



JESUS OUR HEALER *Accountability*

Howard Hendricks has studied 237 instances of Christian men (mostly Christian leaders) who have experienced moral failure. He found one common factor: not one of the 237 had accountability relationships with other men.

When will you most likely face temptation?

When you have not spent time with God	81%
When you have not had enough rest	57%
When life is difficult	45%
During times of change	42%
After a significant victory	37%
When life is going smoothly	30%

Cyber-Sex Addiction: The three “A’s”

“The net is the crack cocaine of sex addiction.”

- **Anonymity**
(There is a myth that we are anonymous, that no one will find out when we are online.)
- **Accessibility**
- **Affordability**

Work-Related Affairs

Dr. Shirley Glass: “There is a new crisis of infidelity breeding in the workplace.”

Glass found that 62 percent of the unfaithful men and 46 percent of the women she has treated have met their illicit partner through work. Are you involved in a relationship or a friendship? Questions to ask yourself include...

1. Do you confide more about your day to your friend than to your partner?

2. Do you discuss negative feelings or intimate details about your marriage with your friend?
 3. Are you open with your partner about the extent of your involvement with your friend?
 4. Would you feel comfortable if your partner heard your conversation with your friend?
 5. Would you feel comfortable if your partner saw a videotape of your meetings?
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How to Keep Temptation from Getting to You

Be honest with your spouse.

Dishonesty and deception cause affairs to flourish. Honesty is the trump card for preventing affairs.

Examine your marriage.

Is something missing, and are you willing to fix it?

Daily watch for temptation.

Do you feel connected to the person you work with? Is there sexual tension when you are around them?

Do you have sexual thoughts (daydreaming) about them?

“Drink water from your own well - share your love only with your wife.” (Proverbs 5:15)

Don't flirt.

Don't lunch or take private breaks with the same person all the time.

The internet can be your friend or your enemy.

Guard yourself when visiting websites, social networking sites such as Facebook, chat rooms, etc. Others should be able to check on you (i.e., have your passwords).

Erase old relationships.

Stay away from old flings — altogether.

“The Four Red Flags of Warning”

Dr. Archibald Hart

Aloneness...when you depend on yourself and are not accountable to anyone.

Arrogance...when you believe you know what is right and wrong, but live on the edge.

Addiction...when you are preoccupied with sexual thoughts.

Adultery...when you act out your thoughts.

Three Levels of Infidelity

The one night stand: The one night stand typified by David and Bathsheba (2 Samuel 11).

The entangled affair: The entangled affair similar to Samson and Delilah (Judges 16).

Sexual addiction: Sexual addiction is illustrated by Eli's sons (1 Samuel 2:22).

Remember...

If the man who sought after the heart of God fell (David)...

If the man who was the wisest man on earth fell (Solomon)...

If the strongest man fell (Sampson)...

Who are we to think that is not possible to fall?

“Let anyone who thinks that he stands take heed lest he fall.” (1 Corinthians 10:12)

“No temptation has overtaken you that is not common to man. God is faithful, and he will not let you be tempted beyond your ability, but with the temptation he will also provide the way of escape, that you may be able to endure it.” (1 Corinthians 10:13)

John Maxwell's Clues to “Thinking Differently”

The difference between falling backward or falling forward.

<i>Falling backward</i>>	Falling forward
<i>Blaming others</i>>	Taking responsibility
<i>Repeating the same mistakes</i>>	Learning from each mistake
<i>Expecting never to fall again</i>>	Knowing failure is part of the process
<i>Expecting to continually fall</i>>	Knowing failure is part of progress
<i>Accepting tradition blindly</i>>	Challenging outdated assumptions
<i>Being limited by past mistakes</i>>	Taking new risks
<i>Thinking I am a failure</i>>	Believing something didn't work
<i>Quitting</i>>	Persevering

“Great men do not have to fall. Great men choose to walk another way.”

-Dr. Wayde Goodall

For information or ministry resources, contact Dr. Goodall at:

Wayde Goodall, D. Min.

Dean, College of Ministry, Northwest University

President, WorldWide Family, Inc. & Integrity Coaching International

www.worldwidefamily.org | wayde@waydegoodall.com | P.O. Box 3423 | Kirkland, WA 98083-3423





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Accountability Questions

- 1... Do I feel a sense of entitlement? — “I deserve this because of who I am or what I do.”
- 2... Am I a gifted entrepreneur, but my life is out of balance?
- 3... Do I have the ability to compartmentalize my moral choices? Can I do something wrong and then mentally put it aside while I do something right?
- 4... Do I expect my employees and peers to keep quiet when I do questionable things?
- 5... Am I a “high risk” man who loves the adrenaline rush of danger or compromise?
- 6... Am I a magnet for women? Do they love my power, money, influence, or personality?
- 7... Am I a “precious life” who can be taken advantage of?
“A married woman hunts down a precious life.” (Proverbs 6:26, b)
- 8... Is my integrity in check? Am I a truth teller?
- 9... Am I surrounded with “yes men” with very little accountability?
- 10... Do I compromise my conscience?
- 11... Who is my mentor? Who am I a mentor to?
- 12... Do I play by my own rules? Do I have an ethical code?
- 13... Do I handle stress in a healthy way?
- 14... What do I do with my money? (Integrity includes my physical, emotional, spiritual, intellectual, and financial self.)
- 15... Are my moods under control?
- 16... Have I found a balance with money, sex, and power?

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